

PAC Tour
2016 Eastern Mountains

<u>Date</u>	<u>Start</u>	<u>Finish</u>	<u>Miles</u>	<u>Climbing</u>	
1	Tues. Sept. 6	Portland, Maine	Conway, NH	77	2,600'
2	Wed. 7	Conway	Woodsville, NH	76	3,600'
3	Thur. 8	Woodsville	Rutland, VT	86	4,500'
4	Fri. 9	Rutland	Johnstown, NY	109	3,500'
5	Sat. 10	Johnstown	Norwich, NY	87	4,500'
6	Sun. 11	Norwich	Clarks Summit, PA	91	4,500'
7	Mon. 12	Clarks Summit	Lamar, PA	127	7,500'
8	Tues. 13	Lamar	Breezewood, PA	107	6,200'
9	Wed. 14	Breezewood	Front Royal, VA	114	5,800'
10	Thur. 15	Front Royal	Waynesboro, VA	114	10,100'
11	Fri. 16	Waynesboro	Roanoke, VA	131	9,800'
12	Sat. 17	Roanoke	Fancy Gap, VA	82	6,300'
13	Sun. 18	Fancy Gap	Boone, NC	91	6,100'
14	Mon. 19	Boone	Asheville, NC	108	10,100'
15	Tues. 20	Asheville	Cherokee, NC	91	9,500'
16	Wed. 21	Cherokee	Commerce, GA	113	3,600'
17	Thur. 22	Commerce	Stone Mountain, GA	64	2,800'

Fly home from Atlanta, Georgia on Friday, September 23

1,668 total miles

98 miles per day

101,000 feet climbing

5,940' climbing per day